

HERTFORDSHIRE BEE YOU



Understanding my **Autism** and **ADHD**

A new virtual service, jointly commissioned by Hertfordshire County Council and the NHS, supporting autistic/ADHD children & young people.

Offering tailored support for autistic/ADHD children & young people aged from 7-16 years on a range of weekly topics.

All sessions will be held online.



FREE ONLINE SUPPORT AVAILABLE TO YOU!



Scan the QR code to complete the contact form for a referral and further information.



Email hertsbeeyou@autismoxford.org.uk if you require further assistance.